



RECOVERY COACH ACADEMY

Greenville, PA

The CCAR Recovery Coach Academy© is a 5-day intensive training academy designed to provide individuals with an understanding of both the art and science of Recovery Coaching. Delivered in a retreat like environment, the CCAR Recovery Coach Academy© prepares participants to guide and mentor others in recovery from an addiction to alcohol and or other drugs. By focusing on the goals of the individuals being served, participants will learn the key fundamentals of this rewarding work, which CCAR has identified as actively listening, asking really good questions, and treating people as their own best resource, all while discovering and managing our own stuff.

CCAR RECOVERY COACH ACADEMY© PARTICIPANTS WILL:

- Describe Recovery Coach role and functions
- List the components, core values and guiding principles of recovery
- Build skills to enhance relationships
- Explore many dimensions of recovery and recovery coaching
- Discover attitudes about self disclosure and sharing your story
- Understand the stages of recovery
- Describe the stages of change and their applications
- Increase their awareness of culture, power and privilege
- Address ethical and boundaries issues
- Experience recovery wellness planning
- Practice newly acquired skills

This training provides 30 CEUs/Contact Hours.

Participants must attend all five training days to receive certificate and be considered a trained Recovery Coach.

Dates: Monday thru Friday , August 19, 20, 21, 22, and 23

Time: 9:00AM - 4:00PM daily

Location: The LIFE Center - 195 Columbia Ave., Greenville, PA 16125

Cost: FREE - Sponsored by The AICDAC Recovery HUB and the LIFE Center

Materials and training manuals are included. Lunch will be provided.

Click or scan to register

Registration Deadline: July 26, 2024

Participants Notified: August 2, 2024



Co-facilitators:

Michael Helsing, CRS, RCP, RCPF
Shasta Wilkinson, CRS, RCP, RCPF
Mike Krafick, CRS, CRSS, RCPF



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