

*the Spirit of  
motivational*

# **INTERVIEWING**

**FROM THEORY TO PRACTICE**

Motivational interviewing (MI) is a collaborative and goal-orientated style of communication intended to bolster the change process. This training will cover the theoretical underpinnings and therapeutic strategies of MI so that participants can effectively help others elicit behavior change. Participants can expect to learn about the spirit of MI while gaining a deeper understanding of MI processes and communication skills. From theory to practice, let's elicit and support the change process together.



**Facilitator**  
**Kelley McNichols**  
**PhD, LPC, NCC,**  
**CADC, CCDP, CCTP**

CLICK OR SCAN TO REGISTER



**FREE**

**March 6, 2025**

**9:00am-4:00pm**

**LIFE Center**  
**195 Columbia Ave.**  
**Greenville, PA 16125**



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