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# AICDAC RECOVERY HUB

# 2024 YEAR IN REVIEW



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The Armstrong-Indiana-Clarion Drug and Alcohol Commission's (AICDAC) Recovery HUB has a primary goal of providing training and technical assistance to Recovery Support Services Providers throughout Region 6 and Region 7 to enhance and expand Recovery Support Services.

The Recovery HUB works with Single County Authorities (SCAs), Recovery Community Organizations (RCOs), Grassroots Organizations, and other providers to provide FREE training and Technical Assistance that serves to enhance, expand, and promote recovery supports in Western Pennsylvania.

*Our service area includes:*

*Region 6: Armstrong, Beaver, Butler, Cambria, Greene, Fayette, Indiana, Somerset, Washington and Westmoreland counties*

*Region 7: Cameron, Clarion, Clearfield, Crawford, Elk, Forest, Jefferson, Lawrence, McKean, Mercer, Venango and Warren counties*

Beginning in July, 2023 through December, 2023, the Recovery HUB collected input and data by conducting community Listening Sessions and Focus Groups throughout Regions 6 and 7.

The Recovery HUB completed Needs Assessments for the 22 county coverage area in January, 2024. Upon analysis of the needs assessments, the Recovery HUB was able to determine over-arching gaps in regard to Recovery Support Services and develop a Strategic Plan for each Region that includes 5 Priorities based on the input and data collected.

**REGION 6 PRIORITIZED NEEDS**

- Priority 1 - Licensed Recovery Housing
- Priority 2 - Transportation
- Priority 3 - Recovery Support Service Workforce Development
- Priority 4 - Recovery Friendly Employment
- Priority 5 - Recovery Community Organizations and/or Recovery Community Centers

**REGION 7 PRIORITIZED NEEDS**

- Priority 1 - Licensed Recovery Housing
- Priority 2 - Transportation
- Priority 3 - Recovery Support Service Workforce Development
- Priority 4- Recovery Community Organizations and/or Recovery Community Centers
- Priority 5 - Recovery Friendly Employment

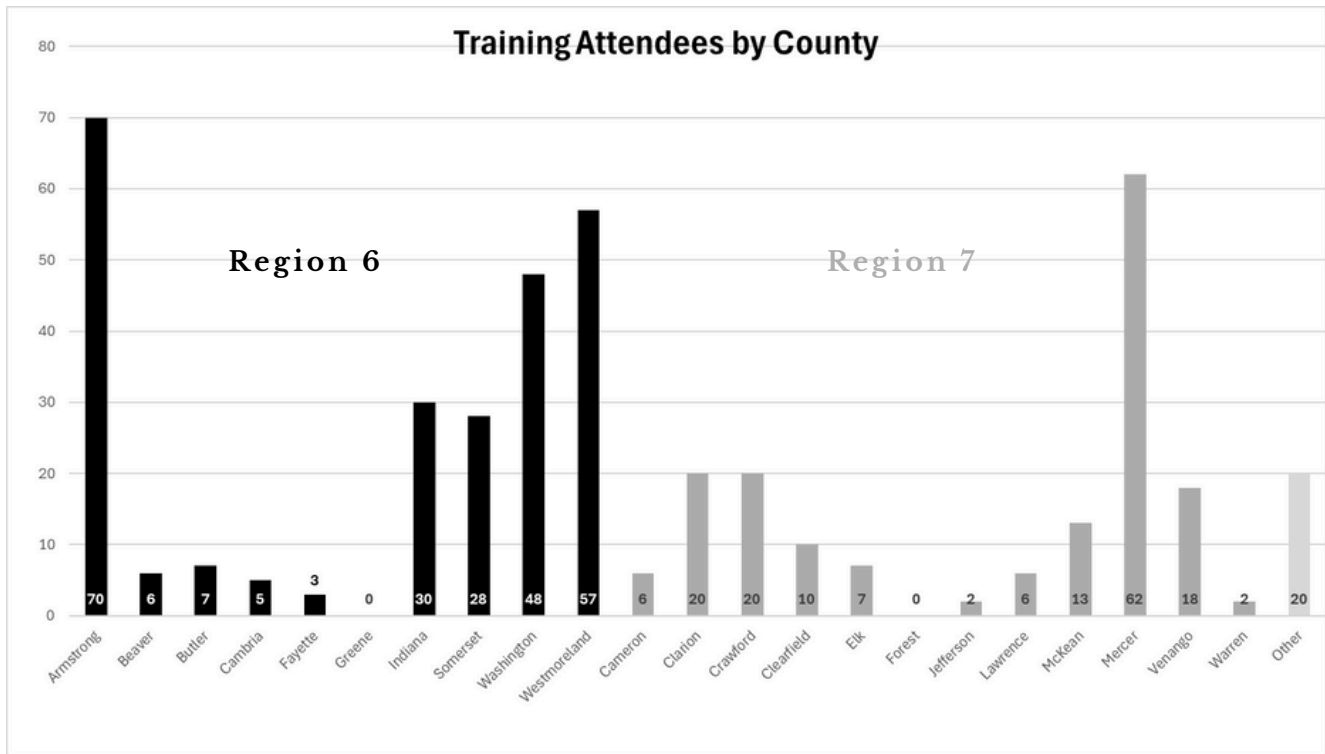
### TRAINING OVERVIEW

*AICDAC Recovery HUB began offering training in May, 2024. From May 6, 2024 through December 10, 2024, the Recovery HUB trained 440 individuals in 12 counties by providing 33 trainings totaling 442 training hours.*



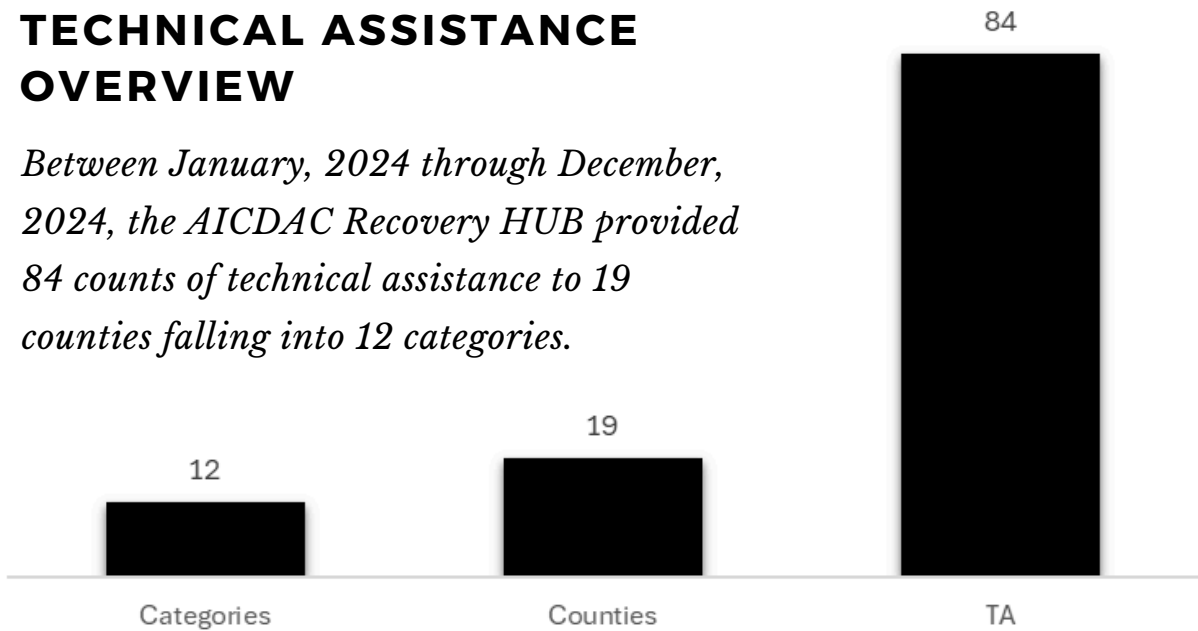
Training	Date	Region	County	# Registered	# Attended
Communicating with Families	10/08/24	Region 6	Beaver	13	9
CRS/CFRS	7/11/2024 - 9/12/2024	Region 6	Washington	23	18
CRS/CFRS	7/12/2024 - 9/13/2024	Region 6	Somerset	23	22
Documentation 101	10/04/24	Region 7	Lawrence	18	12
Enabling & Boundaries in Family Recovery	10/10/24	Region 7	Mercer	15	13
Enabling & Boundaries in Family Recovery	08/08/24	Region 6	Cambria	6	4
Ethical Considerations for Recovery Coaches	10/21/2024 - 10/23/2024	Region 6	Westmoreland	16	10
Grant Writing	07/22/24	Region 7	Clarion	23	19
Grant Writing	05/23/24	Region 6	Westmoreland	24	18
Harm Reduction	10/31/24	Region 7	Elk	15	12
Impact of SUD & Recovery on Families	10/08/24	Region 6	Beaver	14	9
Impact of SUD & Recovery on Parenting and Children	08/07/24	Region 7	Jefferson	16	12
Organizational Development	11/11/2024 - 11/13/2024	Hybrid	Hybrid	30	19
Our Stories Have Power	9/26/2024 - 9/27/2024	Hybrid	Hybrid	30	9
Professional Boundaries	05/15/24	Region 6	Armstrong	25	26
Professional Boundaries	08/08/24	Region 6	Washington	15	15
Professional Boundaries	08/13/24	Region 6	Cambria	18	11
Professional Boundaries	06/11/24	Region 7	Clarion	22	15
Professional Boundaries	07/30/24	Region 7	Elk	8	8
Professional Boundaries	08/27/24	Region 7	Mercer	22	15
Professional Boundaries	10/22/24	Region 6	Armstrong	26	22
Professional Boundaries	07/10/24	Region 6	Somerset	12	5
RCO Bootcamp	6/12/2024 - 6/13/2024	Region 7	Venango	18	7
RCO Bootcamp	6/24/2024 - 6/25/2025	Region 6	Westmoreland	14	7
Recovery Coach Academy	11/4/2024 - 11/8/2024	Region 7	Mercer	25	19
Recovery Coach Academy	8/19/2024 - 8/23/2024	Region 7	Mercer	23	15
Recovery Coach Academy	5/6/2024 - 5/10/2024	Region 7	Elk	18	15
Recovery Coach Academy	6/17/2024 - 6/24/2024	Region 6	Westmoreland	21	12
Recovery Coach Academy	9/16/2024 - 9/20/2024	Region 6	Washington	24	15
Recovery Coaching & Professionalism	11/13/2024 - 11/25/2024	Region 6	Westmoreland	18	13
Recovery Coaching & Spirituality	10/2/2024 - 10/3/2024	Region 7	Mercer	15	11
Recovery Coaching & Spirituality	12/9/2024 - 12/10/2024	Region 6	Westmoreland	22	11
Tools for Helping Parents in Recovery	08/07/24	Region 7	Jefferson	16	12



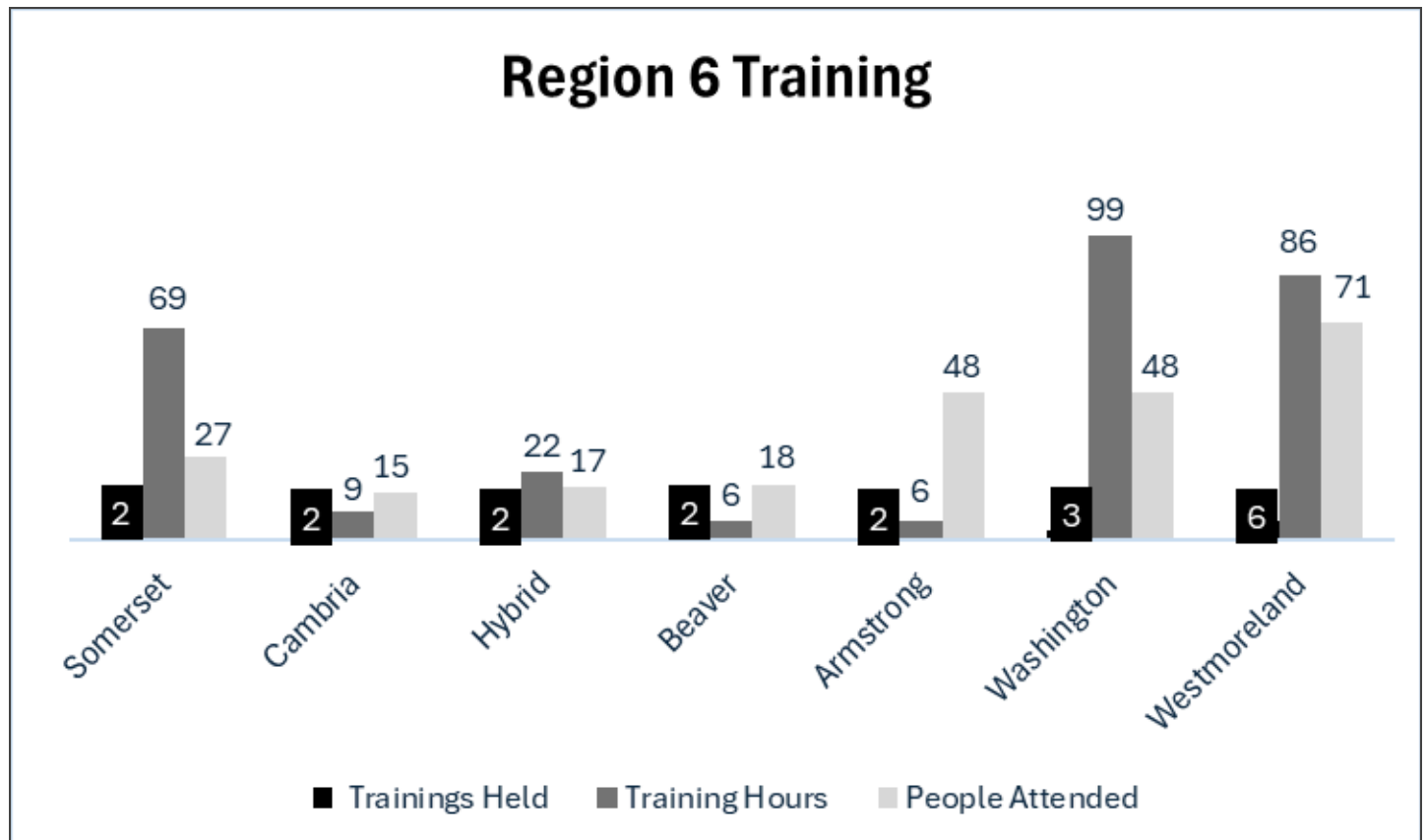
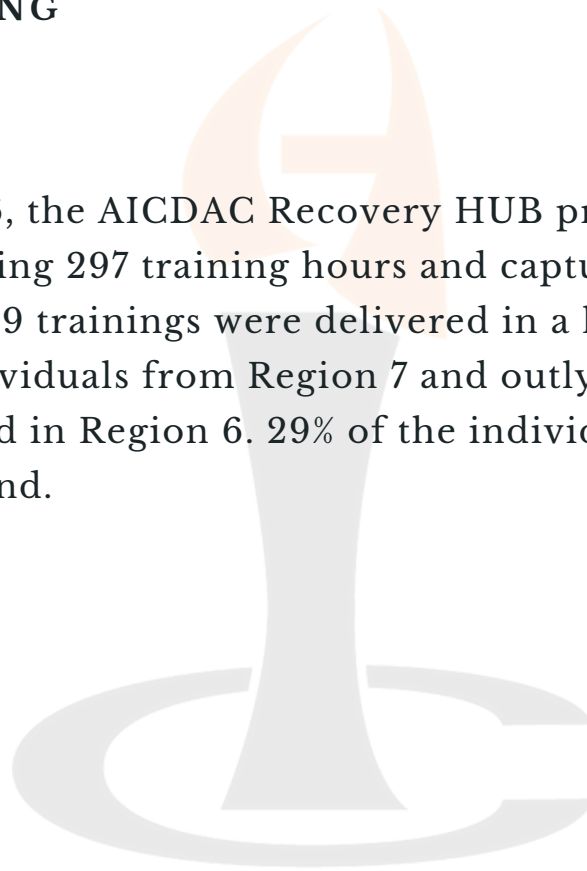


## TECHNICAL ASSISTANCE OVERVIEW

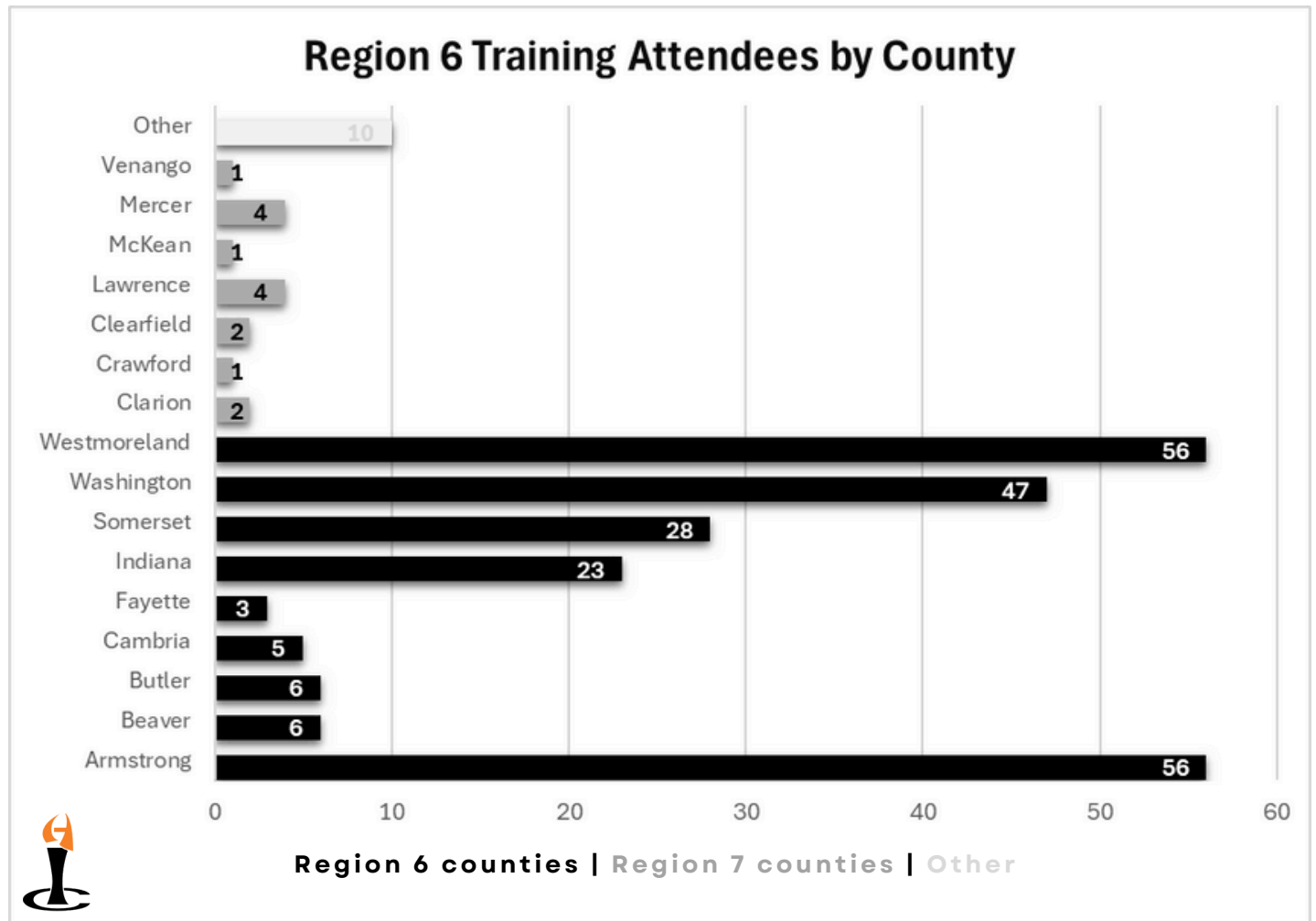
*Between January, 2024 through December, 2024, the AICDAC Recovery HUB provided 84 counts of technical assistance to 19 counties falling into 12 categories.*



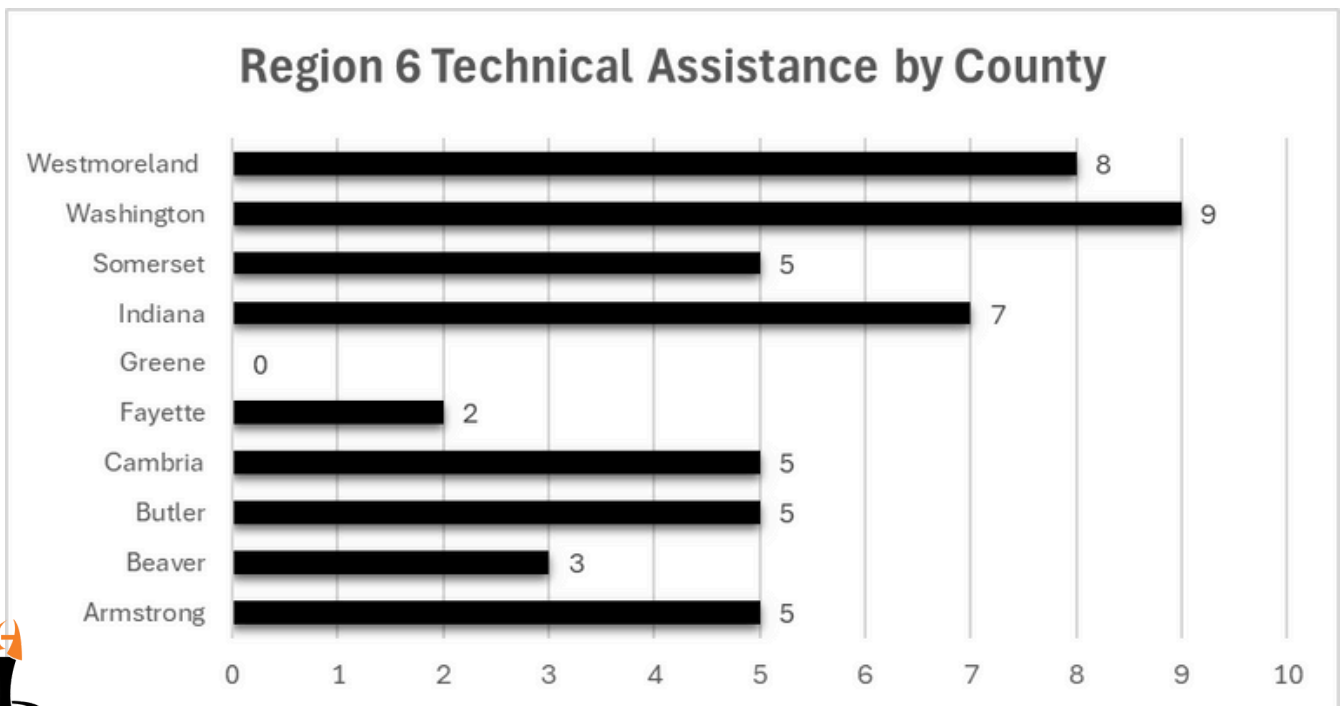
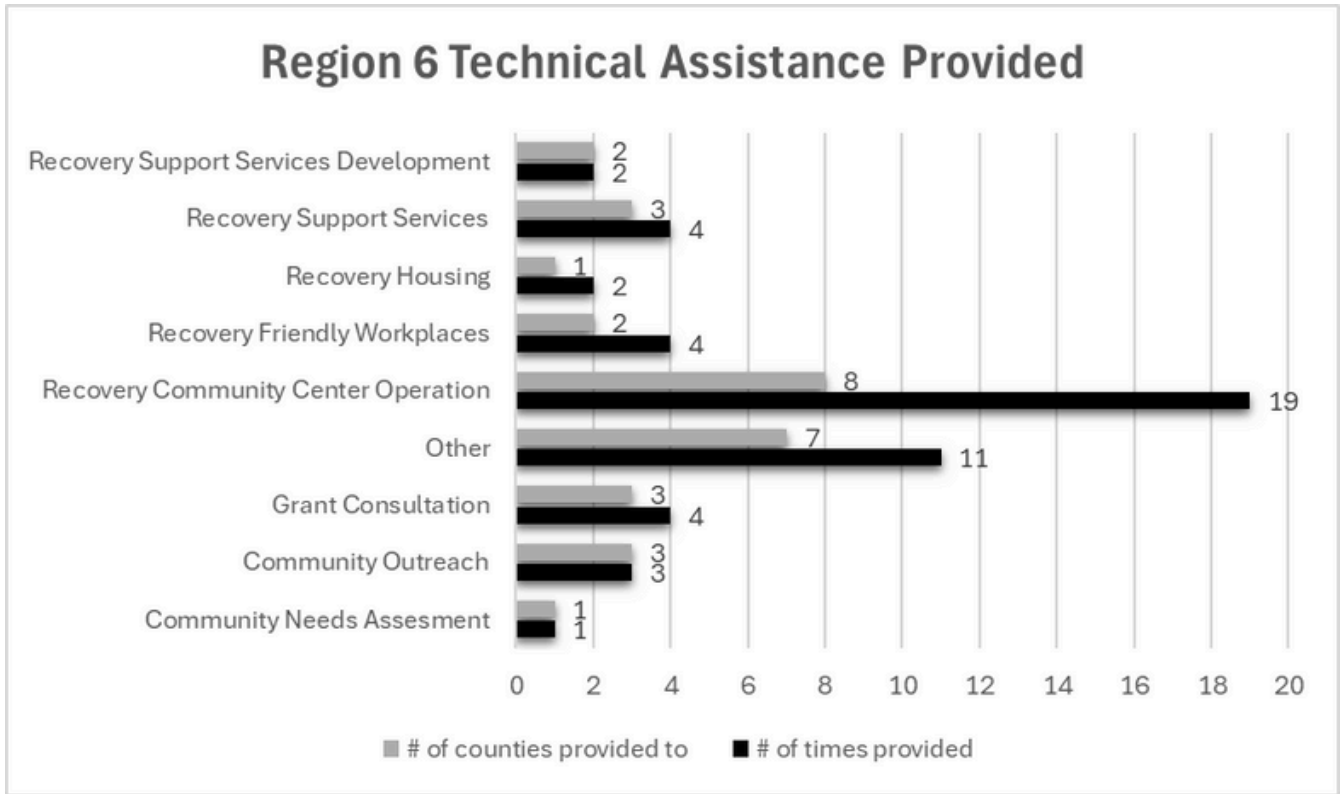
Throughout Region 6, the AICDAC Recovery HUB provided 19 trainings in 6 counties accumulating 297 training hours and captured attendance of 244 individuals. 2 of the 19 trainings were delivered in a hybrid (in-person and online) capacity. Individuals from Region 7 and outlying counties also attended training held in Region 6. 29% of the individuals registered for trainings did not attend.



Training	Dates	Hours	County	People Registered	People Attended
CRS/CFRS	7/11/2024 - 9/12/2024	66	Washington	23	18
CRS/CFRS	7/12/2024 - 9/13/2024	66	Somerset	23	22
Enabling & Boundaries in Family Recovery	08/08/24	6	Cambria	6	4
Ethical Considerations for Recovery Coaches	10/21/2024 - 10/23/2024	16	Westmoreland	16	10
Grant Writing	05/23/24	3	Westmoreland	24	18
Impact of SUD & Recovery on Families	10/08/24	3	Beaver	14	9
Organizational Development	11/11/2024 - 11/13/2024	13	Hybrid	15	13
Our Stories Have Power	9/26/2024 - 9/27/2024	9	Hybrid	15	4
Professional Boundaries	07/10/24	3	Somerset	12	5
Professional Boundaries	05/15/24	3	Armstrong	25	26
Professional Boundaries	08/08/24	3	Washington	15	15
Professional Boundaries	08/13/24	3	Cambria	18	11
Professional Boundaries	10/22/24	3	Armstrong	26	22
RCO Bootcamp	6/24/2024 - 6/25/2025	13	Westmoreland	14	7
Recovery Coach Academy	6/17/2024 - 6/24/2024	30	Westmoreland	21	12
Recovery Coach Academy	9/16/2024 - 9/20/2024	30	Washington	24	15
Recovery Coaching & Professionalism	11/14/2024 - 11/15/2024	12	Westmoreland	18	13
Recovery Coaching & Spirituality	12/9/2024 - 12/10/2024	12	Westmoreland	22	11
Communicating with Families	10/08/24	3	Beaver	13	9
19		297		344	244

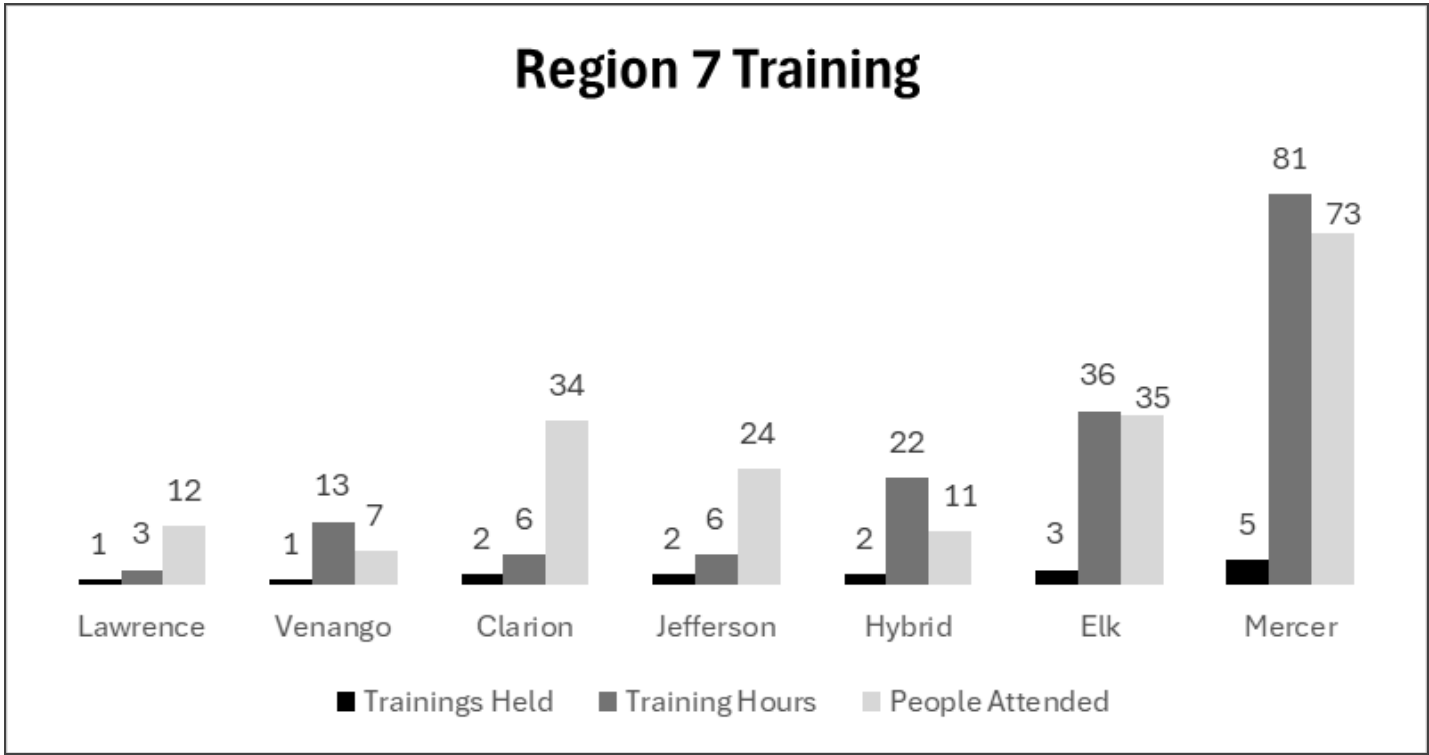
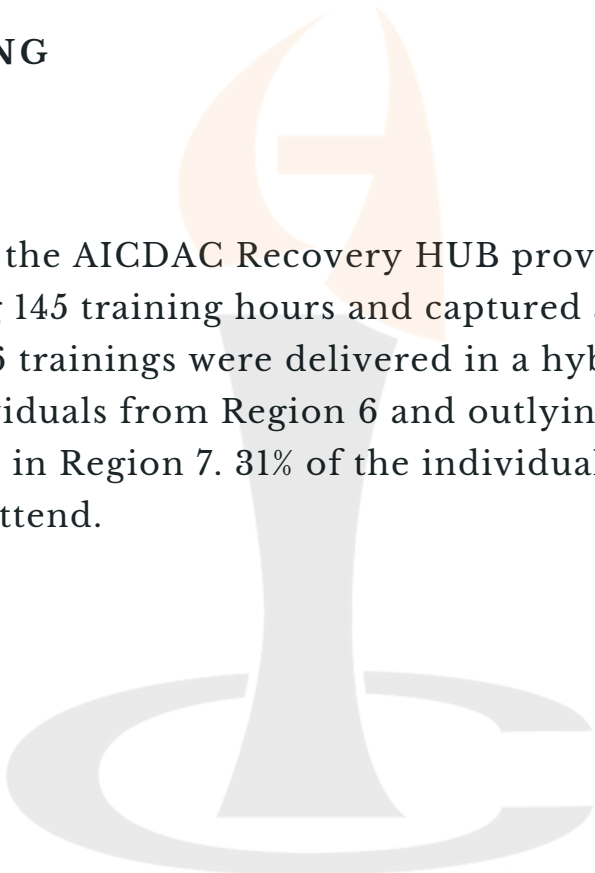


Throughout Region 6 , the AICDAC Recovery HUB provided 50 counts of Technical Assistance falling into 10 categories to varying organizations within 9 of the 10 counties. 1 of the 10 categories is labeled as “other” being a bucket of miscellaneous support such as visits to RCOs, redirection of training requests, and reporting outcomes.

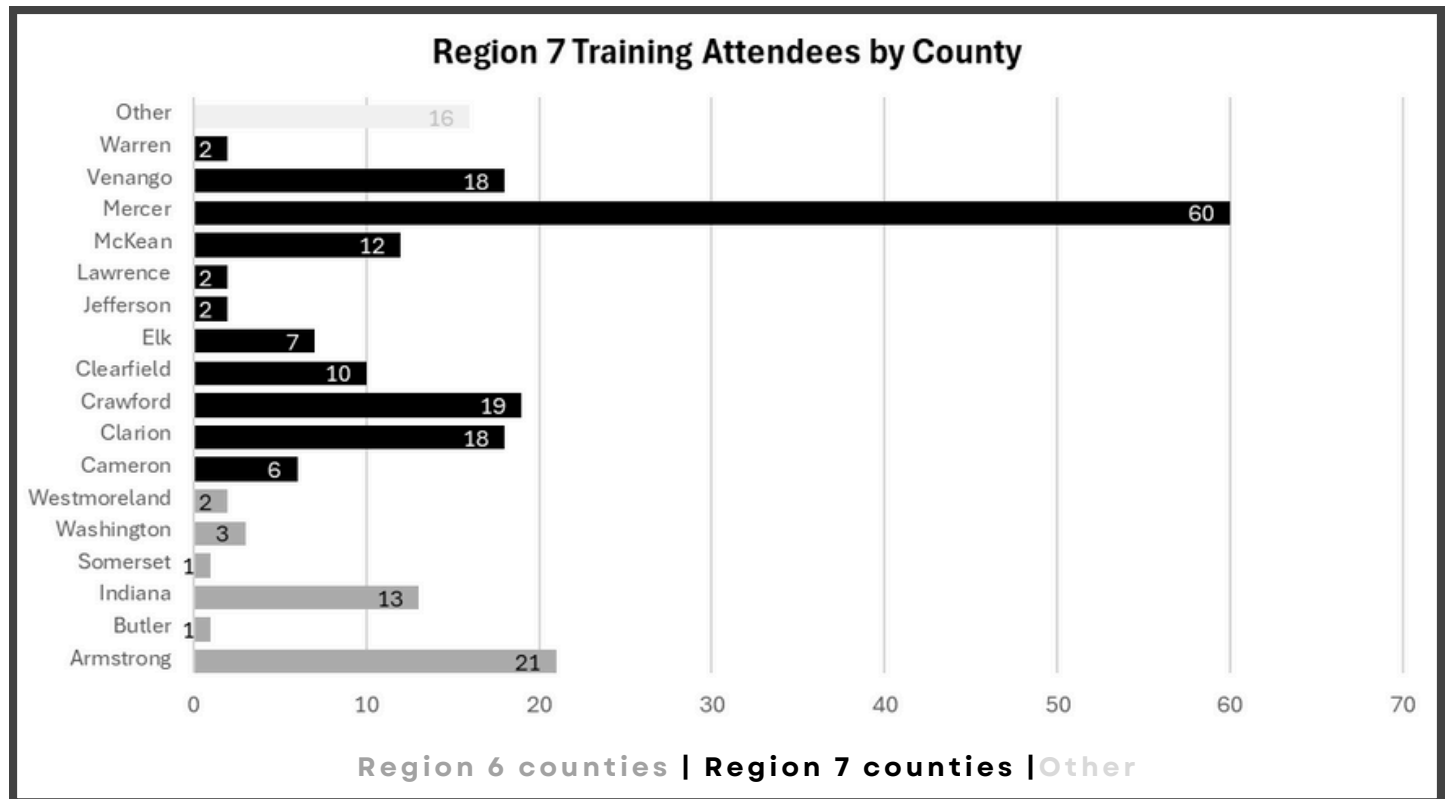




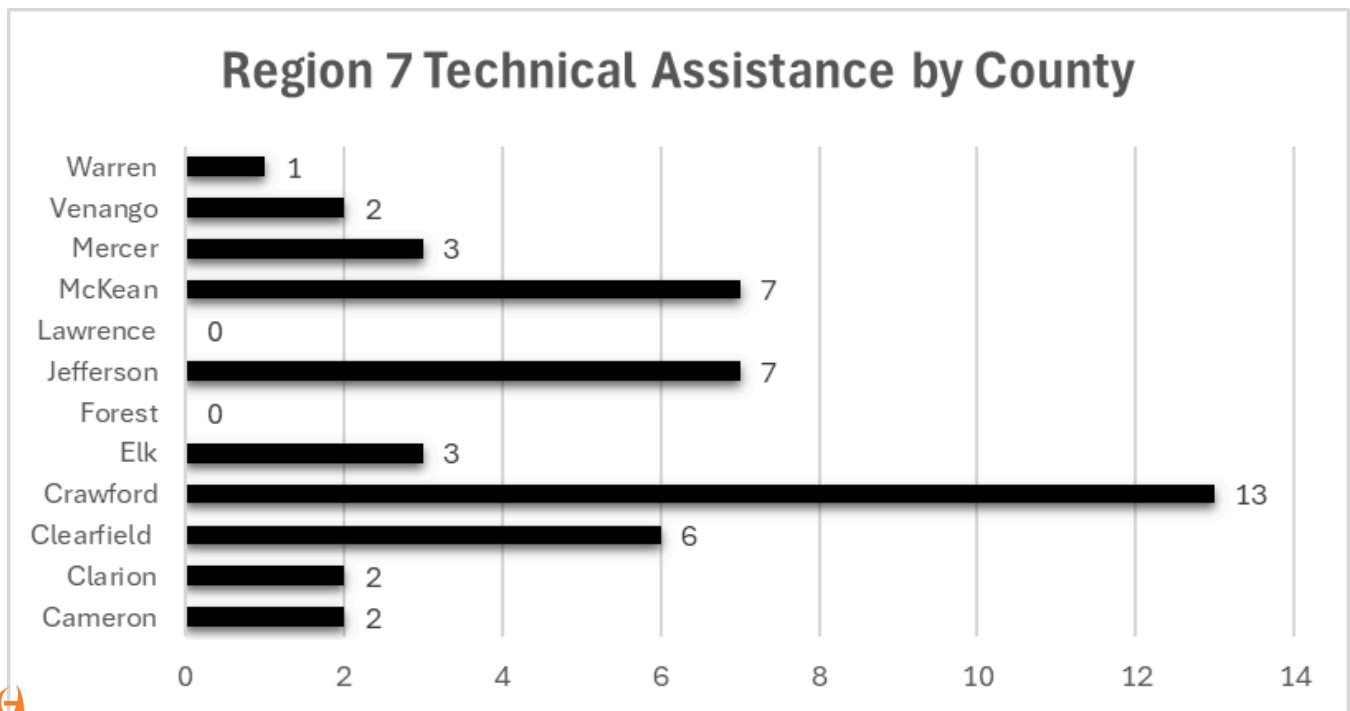
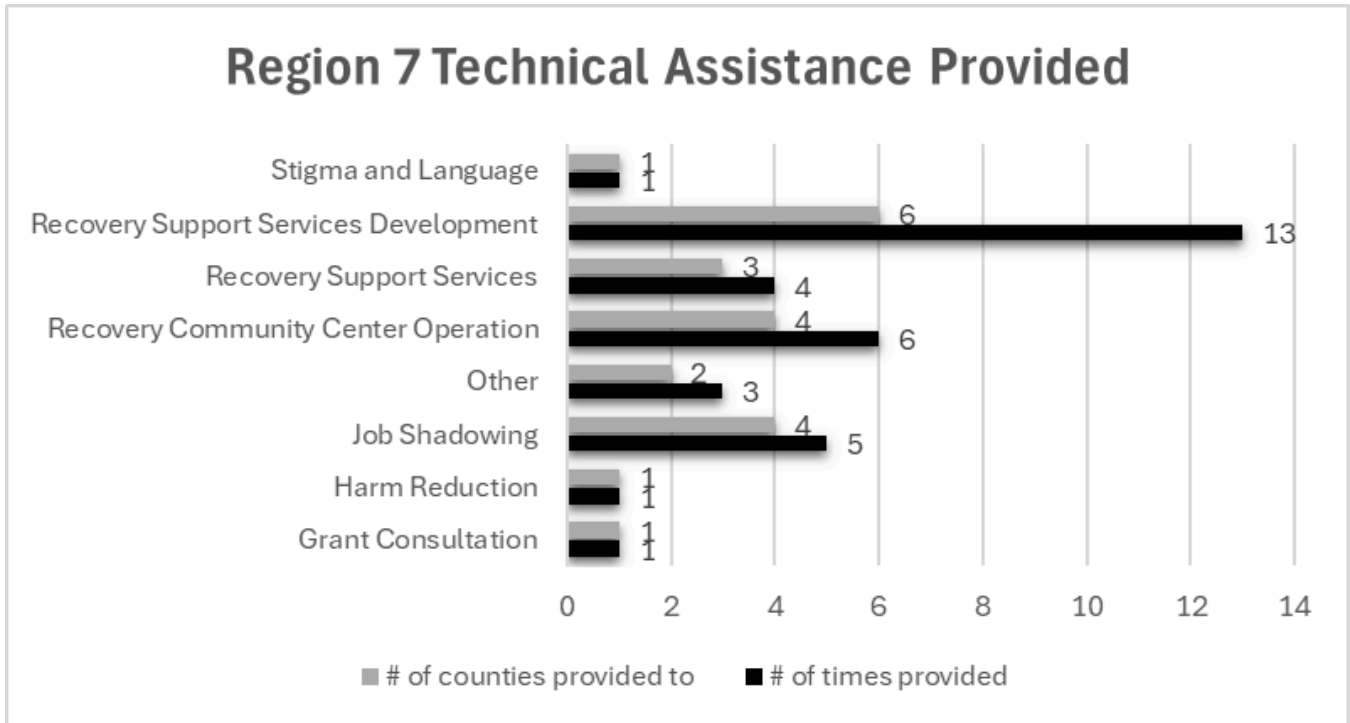
Throughout Region 7, the AICDAC Recovery HUB provided 16 trainings in 6 counties accumulating 145 training hours and captured attendance of 196 individuals. 2 of the 16 trainings were delivered in a hybrid (in-person and online) capacity. Individuals from Region 6 and outlying counties also attended training held in Region 7. 31% of the individuals who registered for the trainings did not attend.



Training	Dates	Hours	County	People Registered	People Attended
Documentation 101	10/04/24	3	Lawrence	18	12
Enabling & Boundaries in Family Recovery	10/10/24	6	Mercer	15	13
Grant Writing	07/22/24	3	Clarion	23	19
Harm Reduction	10/31/24	3	Elk	15	12
Impact of SUD & Recovery on Parenting and Children	08/07/24	3	Jefferson	16	12
Organizational Development	11/11/2024 - 11/13/2024	13	Hybrid	15	6
Our Stories Have Power	9/26/2024 - 9/27/2024	9	Hybrid	15	5
Professional Boundaries	06/11/24	3	Clarion	22	15
Professional Boundaries	07/30/24	3	Elk	8	8
Professional Boundaries	08/27/24	3	Mercer	22	15
RCO Bootcamp	6/12/2024 - 6/13/2024	13	Venango	18	7
Recovery Coach Academy	11/4/2024 - 11/8/2024	30	Mercer	25	19
Recovery Coach Academy	8/19/2024 - 8/23/2024	30	Mercer	23	15
Recovery Coach Academy	5/6/2024 - 5/10/2024	30	Elk	18	15
Recovery Coaching & Spirituality	10/2/2024 - 10/3/2024	12	Mercer	15	11
Tools for Helping Parents in Recovery	08/07/24	3	Jefferson	16	12
16		145		284	196



Throughout Region 7 , the AICDAC Recovery HUB provided 34 counts of Technical Assistance falling into 8 categories to varying organizations within 10 of the 12 counties. 1 of the 10 categories is labeled as “other” being a bucket of miscellaneous support such as visits to RCOs, redirection of training requests, and reporting outcomes.



JULY  
2023

- AICDAC Recovery HUB is born and begins conducting Listening Sessions and follow up Focus Groups in all 22 counties

- Recovery HUB completes Needs Assessments for all 22 counties
- Technical Assistance and Training are being offered
- Staff begin touring RCOs
- Recovery HUB gets its own office and begins working on Strategic Plans for each Region
- Training/TA request links and map of RCOs/RCCs and RSS providers added to website
- Bimonthly Newsletter goes live
- Region 6 and Region 7 CRS/CFRS monthly learning collaboratives begin
- RCO monthly learning collaboratives begin

1ST  
QUARTER  
2024

2ND  
QUARTER  
2024

- Planning for 2 Regional Conferences
- Training and Event Calendar added to website
- Provides 4 trainings in Region 6, and 3 trainings in Region 7
- Strategic Plans are finalized
- Region 6 Recovery Conference held May 31st in Westmoreland county
- Region 7 Recovery Conference held June 28th in Clarion county

- Employment Opportunities section is added to the Newsletter
- Over 1,000 individuals subscribe to receive the bimonthly Newsletter
- Recovery HUB provides 7 trainings in Region 6, 6 trainings in Region 7, and 1 Hybrid training
- Attends and supports 4 Recovery Month Events

3RD  
QUARTER  
2024

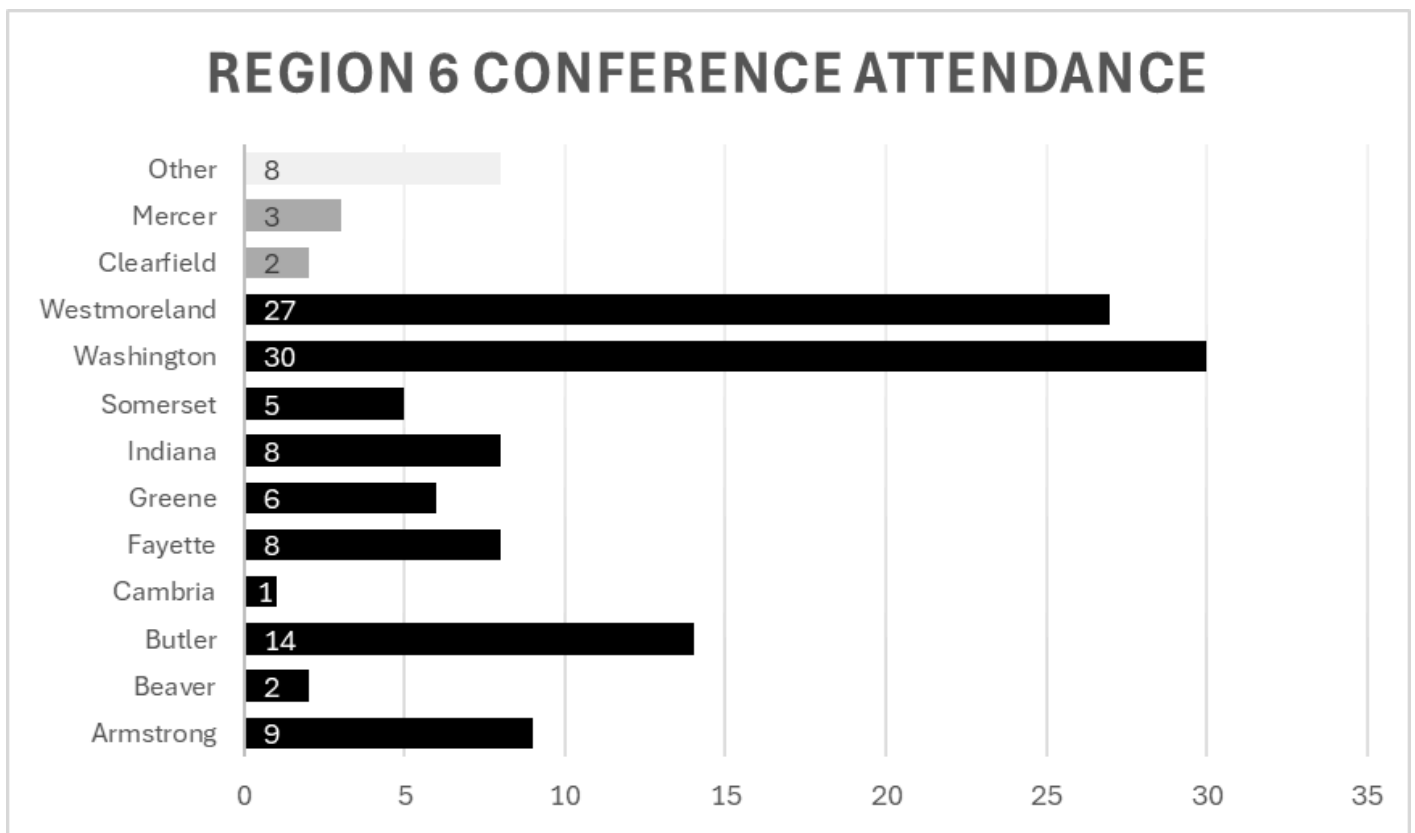
4TH  
QUARTER  
2024

- Region 6 and Region 7 CRS/CFRS Learning Collaborative Meeting merge
- Recovery HUB provides 6 trainings in Region 6, 5 trainings in Region 7, and 1 hybrid training
- Recovery HUB begins meeting with SCAs to review progress on Strategic Plans



### REGION 6 RECOVERY CONFERENCE - MAY 31, 2024

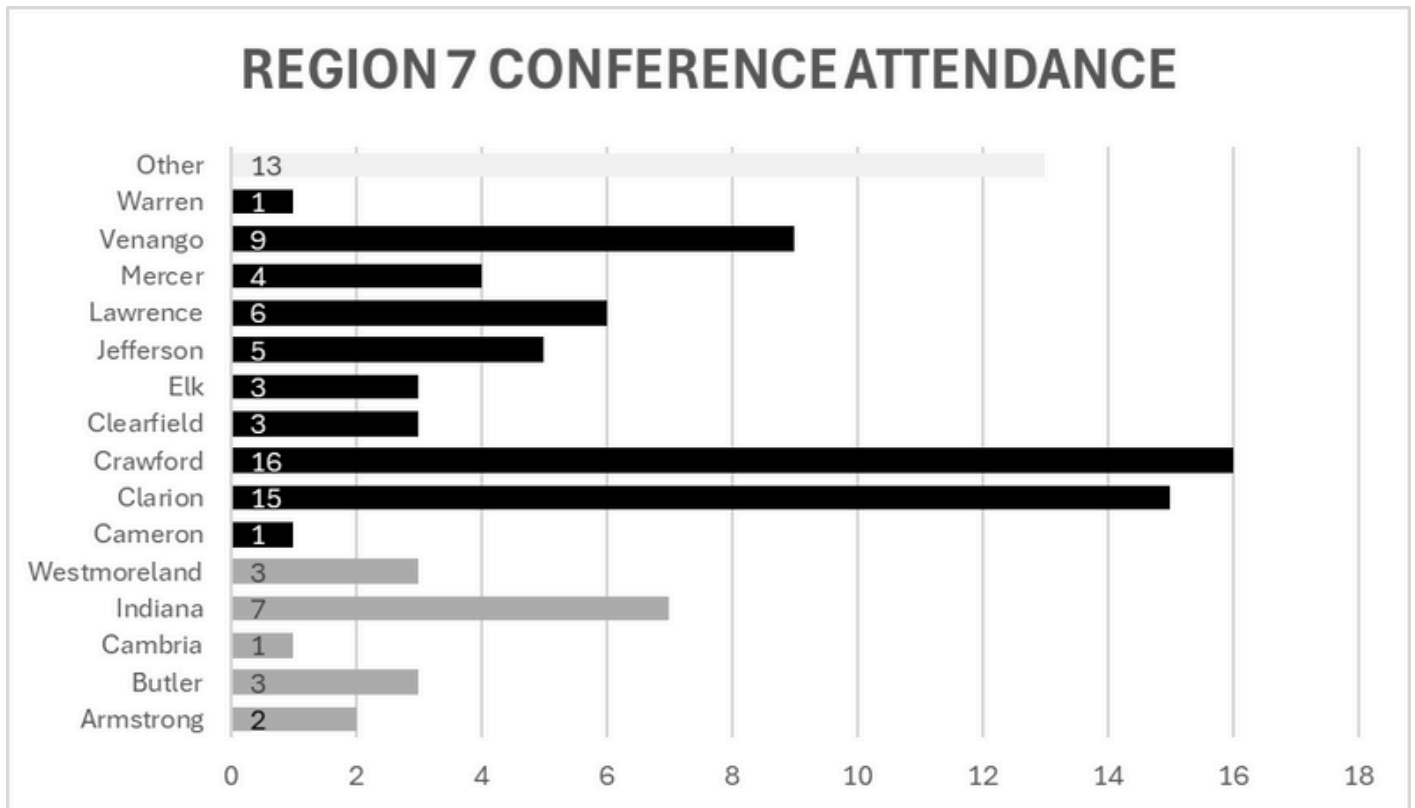
The Recovery HUB brought together 123 individuals including 25 vendors for the event held at Westmoreland County Community College Event Center. These individuals represented all counties in Region 6 along with Region 7 counties of Clearfield and Mercer. Also in attendance for the day were individuals from Allegheny, Blair, Centre and Tioga counties. The Conference consisted of two Training sessions on topics of Motivational Interviewing, and Ubuntu Recovery, a Panel presentation discussing Intervention Strategies, two Networking activities, and an Awards Ceremony. Individuals and organizations were nominated by their peers and the Recovery HUB presented awards to two individuals for Advocate(s) of the Year, one individual for Lifetime Achievement, and one organization for Recovery Friendly Workplace. [View the Agenda](#)



**REGION 7 RECOVERY CONFERENCE - JUNE 28, 2024**

The Recovery HUB brought together 92 individuals including 23 vendors for the event held at Trinity Point Church of God in Clarion county. These individuals represented all counties in Region 7 along with Region 6 counties of Armstrong, Butler, Cambria, Indiana, and Westmoreland. Also in attendance for the day were individuals from Allegheny, Centre, and Tioga counties. The Conference consisted of a Training session on the topic of MOUD & Pregnancy, two Panel presentations discussing Intervention strategies and Recovery Pathways, two Networking activities, and an Awards Ceremony. Individuals and organizations were nominated by their peers and the Recovery HUB presented awards to one individual for Recovery Advocate of the Year, two individuals for Lifetime Achievement, and one organization for Recovery Friendly Workplace.

[View the Agenda](#)



**RECOVERY MONTH CELEBRATIONS**

The Recovery HUB supported and attended three events in September, 2024. In addition, the Recovery HUB worked with organizations in Region 6 and Region 7 to sponsor transportation to and from the events.

**Pittsburgh Recovery Walk - September 7, 2024 - Pittsburgh**

The Recovery HUB Sponsored a table for the event and supported transportation for organizations in five counties; four counties in Region 6 and one county in Region 7.

**Recovery Advocacy Day - September 24, 2024 - Harrisburg**

The Recovery HUB Sponsored a table for the event and supported transportation for organizations in four counties; three counties in Region 6 and one county in Region 7. AICDAC Recovery HUB also hosted online TA to prepare individuals for speaking with Legislators and their Staff.

**Rock for Recovery Music Festival - September 28, 2024 - Monongahela**

The Recovery HUB Sponsored the hosting organization and a table at the event and supported transportation for organizations in five counties; three counties in Region 6 and two counties in Region 7.

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**LICENSED RECOVERY HOUSES**

The number of Licensed Recovery Houses has increased in Region 6 and Region 7 over the last year. There are houses pursuing licensure and identified interested parties in both Regions currently. The Recovery HUB plans to work with these houses and interested individuals to provide Training, Technical Assistance and linkages that will continue to increase the number of licensed recovery houses in Region 6 and 7.

**RECOVERY COMMUNITY ORGANIZATIONS AND RECOVERY CENTERS**

The Recovery HUB is engaging with several RCOs' and RCCs throughout Regions 6 and 7. The HUB has provided Training and Technical Assistance to several organizations, sharing best practices, policies, procedures and ongoing support to RCOs and RCCs. There have been new organizations formed in Region 6 and emerging organizations in Region 7. RCOs and RCCs have engaged with training opportunities to support their programming and engaged with the monthly RCO Learning Collaborative meetings.

**RECOVERY FRIENDLY EMPLOYMENT**

There are Recovery Friendly Employment programs in both Region 6 and Region 7. AICDAC Recovery HUB has engaged with those agencies to support their initiatives and to learn about best practices to share with others. The Recovery HUB will be putting out a survey throughout both Regions to identify employers that hire individuals in recovery and plans to connect with those employers to offer support.

**RECOVERY SUPPORT SERVICE WORKFORCE DEVELOPMENT**

AICDAC Recovery HUB has been very active in both Regions with regard to RSS Workforce Development through Training and Technical Assistance that support emerging and existing RSS programs. The RSS workforce has been engaged with training opportunities to support their growth and skill sets and have engaged with the monthly CRS/CFRS Learning Collaborative meetings. The HUB added an employment section to the bimonthly Newsletter to help connect individuals and hiring RSS organizations. The HUB will be releasing two surveys in the upcoming weeks. One survey will be for individuals who are or interested in providing RSS and the other survey will be for organizations that employ RSS staff.

**TRANSPORTATION**

The Recovery HUB is identifying and learning about existing transportation programs throughout Regions 6 and 7 as well as subject matter experts in other parts of the country. There are several organizations in each Region that are providing transportation to the people they serve.

**REGIONAL RECOVERY CONFERENCES**

AICDAC Recovery HUB is planning another round of Regional Recovery Conferences in 2025. Save the dates on May 21st, and June 18th. More information to come.

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The AICDAC Recovery HUB recognizes that success is contingent on the support of others. To all the Attendees of any training or event, Requestors of training or technical assistance, Hosts, Sponsors and co-Sponsors, Presenters, Panelists, Vendors, Nominators, Award recipients, Caterers, Trainers, Facilitators, Consultants, Partners, newsletter Subscribers, Sharers of information, SCAs, Funders, Fiscal staff, and Leaders; We couldn't do it without you.

THANK YOU to all of the individuals, agencies and organizations who have engaged with and supported the Recovery HUB in some capacity.

## MEET THE TEAM



### **AICDAC RECOVERY HUB DIRECTOR**

**MIKE KRAFICK, CRS, CRSS, RCP, RCPF**

Mike began working at AICDAC as a CRS in 2010 and moved on to become the CRS Supervisor in 2012. He is an authorized trainer of the PA CRS/CFRS curriculum since 2016 and CCAR Recovery Coach curriculum since 2012.



### **AICDAC RECOVERY HUB ASSISTANT DIRECTOR**

**SHASTA WILKINSON, CRS, RCP, RCPF**

Shasta began working at AICDAC in 2013 as a CRS providing Recovery Support Services. She is an authorized trainer of the PA CRS/CFRS training curriculum and CCAR Recovery Coach curriculum since 2018.



### **AICDAC RECOVERY HUB ASSISTANT**

**BEKKA FLICK, CFRS**

Bekka is an ally and an advocate for individuals and families impacted by SUD. Bekka began working at AICDAC in September 2023 and received her CFRS certification in December 2024.



### **AICDAC IT DIRECTOR**

**MICHAEL HELSING, CRS, RCP, RCPF**

Mike began working at AICDAC in 2015 as a CRS. His talents led him to become the coordinator of AICDAC's 24-hour Recovery Support Hotline in 2017 and the IT Director in 2022. Mike is an authorized facilitator of the CCAR Recovery Coach curriculum since 2018.



### **AICDAC EXECUTIVE DIRECTOR**

**KAMI ANDERSON, BS**

Kami became employed with AICDAC in 1993 as the CFO and then the Deputy Director in 1999. Kami has been the Executive Director of AICDAC since 2007 and is a fierce ally and advocate who is known for innovative programming and grant writing capabilities.



### **AICDAC RECOVERY HUB CONSULTANT**

**OWEN DOUGHERTY, BA, MSOD**

After retiring as the Deputy Director of the Georgia Council for Recovery Owen moved back to PA where he works as a consultant and provides training throughout the country. Owen has provided training and technical assistance to organizations providing Peer Recovery Support Services (PRSS) in 12 states.