



BE(e) THE HOPE WALK • FOR SUICIDE PREVENTION •

Join us for our annual **BE(e) THE HOPE WALK FOR SUICIDE PREVENTION** March 28, 2026

TIME

Onsite registration opens at 10 a.m.
Walk Starts at 11 a.m.

LOCATION

Auxiliary Gym at Waynesburg University

COST

\$25 per general participant
\$15 per student participant

Waynesburg University helps students make connections between faith, service, and learning so that we may faithfully transformation our communities. Joining the **Be(e) the Hope Walk** is just one way to accomplish this mission. We hope you will join us for the **Waynesburg University Be(e) the Hope Walk** on **Saturday, March 28**. Our goal is to foster a resilient community that instills hope, raises awareness, promotes prevention, and champions advocacy to reduce stigma and support those impacted by suicide.

A portion of the proceeds will benefit **Team Hope** and the **Waynesburg University Counseling Center**.

Anyone of any age is welcome! Attendees are invited to participate either virtually or in person. If you participate virtually, feel free to snap photos of your walk (whether indoor or outdoor, trail or treadmill) and post them to the registration page as a comment!

All participants will receive a sticker, and in-person participants will receive a t-shirt upon check-in on the day of the event.

Registrants are also invited, but not required, to create a team through the registration link in order to raise monetary support from their networks. To create a team, click the blue “+ **Fundraise**” button on the registration page.

For more information, contact:

Kelley McNichols at kelley.mcnichols@waynesburg.edu

Adrienne Tharp at atharp@waynesburg.edu

REGISTER HERE



If you or someone you know needs support, help is available. You are not alone. Mental health resources are available to you right now, including:

Suicide and Crisis Lifeline: **Call or text 988**

Information on suicidal thoughts and how to support yourself and others, from the International Association for Suicide Prevention: iasp.info/suicidalthoughts/

National Strategy for Suicide Prevention from the CDC (U.S. Centers for Disease Control and Prevention): cdc.gov/suicide/resources/index.html

Suicide Prevention Resources from SAMHSA (Substance Abuse and Mental Health Services Administration): samhsa.gov/mental-health/suicidal-behavior/resources

Suicide Prevention information from NIH (National Institute of Mental Health): nimh.nih.gov/health/topics/suicide-prevention

Let's take steps together—for awareness, connection, and care.