

# AICDAC Recovery HUB

## 2026 RECOVERY SUPPORT WORKFORCE SUMMIT

### REGION 6

Armstrong, Beaver, Butler, Cambria, Greene, Fayette, Indiana, Somerset, Washington, and Westmoreland counties

June 25, 2026 9:00 AM - 3:30 PM

IUP HUB (Hadley Union Building)  
319 Pratt Drive  
Indiana, PA 15701



### AGENDA AT A GLANCE

8:30 AM - 9:00 AM - BREAKFAST AND REGISTRATION

9:00 AM - 9:25 AM - WELCOME AND INTRODUCTIONS

9:25 AM - 9:40 AM - OPENING REMARKS - KAMI ANDERSON, AICDAC

9:40 AM - 10:15 AM - KEYNOTE SPEAKER - WILLIAM STAUFFER, PRO-A

10:15 AM - 10:25 AM - IRMC MOUNTAINS MOBILE HEALTH

10:25 AM - 10:40 AM - BREAK

10:40 AM - 11:00 AM - NETWORKING ACTIVITY

11:00 AM - 12:00 PM - WHEN LOVE HURTS: ATTACHMENT, ADDICTION, ABUSE, AND THE PATH TO RELATIONAL RECOVERY

12:00 PM - 1:00 PM - LUNCH & RAFFLE

\*12:15 PM - 12:45 PM - OPTIONAL BREAKOUT - SANCTUARY HOLISTIC HEALING, ANNA SMITH

1:00 PM - 1:45 PM - STRENGTHENING THE BEHAVIORAL HEALTH WORKFORCE: STRATEGIES FOR SUBSTANCE USE DISORDER WORKFORCE DEVELOPMENT

1:45 PM - 2:15 PM - NETWORKING ACTIVITY

2:15 PM - 2:30 PM - BREAK

2:30 PM - 3:15 PM - BUILDING BRIDGES: RECOVERY MAP

3:15 PM - 3:30 PM - AWARD CEREMONY, RAFFLE, CLOSING REMARKS

AICDAC RECOVERY HUB | [RECOVERYHUB@AICDAC.ORG](mailto:RECOVERYHUB@AICDAC.ORG) | 724-762-3429 | [AICDAC.ORG](http://AICDAC.ORG)

This publication and project are made possible by SAMHSA FAIN 6H79TI085783-01M001 and by the Pennsylvania Department of Drug and Alcohol Programs (DDAP) Grant Number 4100095780. Its contents are solely the responsibility of the authors and do not necessarily represent the official views of SAMHSA or DDAP. Individuals seeking treatment or supports for themselves or a loved one can call the toll-free PA Get Help Now helpline at 1-800-662-HELP (4357) or text 717-216-0905.

# THANK YOU TO OUR SPONSORS



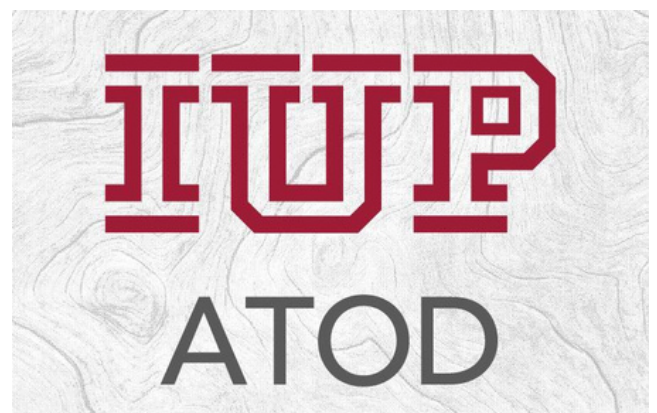
**NORTHWEST BEHAVIORAL  
HEALTH PARTNERSHIP**

**SOUTHWEST BEHAVIORAL  
HEALTH MANAGEMENT**



**BEHAVIORAL HEALTH ALLIANCE OF  
RURAL PENNSYLVANIA**

**INDIANA UNIVERSITY OF PENNSYLVANIA  
ALCOHOL, TOBACCO, & OTHER DRUGS**



**AICDAC Recovery HUB | [aicdac.org](http://aicdac.org) | [recoveryhub@aicdac.org](mailto:recoveryhub@aicdac.org)**

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- LOST DREAMS AWAKENING RCO AND SANKOFA MANSION
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- THE OPEN DOOR
- TURNING POINT AT WASHINGTON
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- UPMC HEALTH PLAN - WOMEN-CENTERED RECOVERY: ENHANCED PERINATAL CASE MANAGEMENT
- WAYNESBURG UNIVERSITY

## PROFESSIONAL HEADSHOTS

We are excited to offer free professional headshots to all conference attendees, courtesy of

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Headshots will be taken on-site during the conference from 10:00 AM - 1:00 PM

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Cell Phone: 724-859-5372

Email: [jasonwaltenbaugh@gmail.com](mailto:jasonwaltenbaugh@gmail.com)



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# OPENING REMARKS



**KAMI ANDERSON**

## **ARMSTRONG-INDIANA-CLARION DRUG AND ALCOHOL COMMISSION**

Kami Anderson serves as the Executive Director of the Armstrong-Indiana-Clarion Drug and Alcohol Commission (AICDAC), the organization responsible for providing prevention, intervention, treatment, case management, and recovery support services throughout Armstrong, Indiana, and Clarion Counties.

Under Ms. Anderson's leadership, AICDAC has grown from an agency of nine employees to a staff of 54, with an operating budget of approximately \$9 million. During her tenure, AICDAC has earned a strong reputation for developing innovative, high-quality programs and aggressively pursuing additional funding opportunities to expand services. These initiatives include the development and implementation of the Recovery HUB, recovery centers, and recovery housing programs.

Ms. Anderson has also been a steadfast advocate for individuals in recovery working within the behavioral health field, recognizing and valuing the unique perspectives and strengths they bring to AICDAC's programs and services. In addition to her role at AICDAC, Ms. Anderson currently serves as President of the Board of Directors for the Southwest Behavioral Health Management (SBHM) Corporation, which oversees the HealthChoices program for the six-county Southwest region. She also serves on the Board of Directors for the Behavioral Health Alliance of Rural Pennsylvania (BHARP), providing oversight for HealthChoices services across 23 NorthCentral counties and Greene County.

Ms. Anderson has worked in the drug and alcohol field since 1993. She is a graduate of Indiana University of Pennsylvania, where she earned a Bachelor of Science degree in Accounting. Prior to entering the behavioral health field, she worked as an accountant for a public accounting firm and later as an Assistant Controller for a major petroleum products distributor.

She resides in Indiana, Pennsylvania, with her husband, Mark, and their two dogs—a black Labrador and an English Bulldog.

# KEYNOTE SPEAKER



**WILLIAM STAUFFER, LSW, PMAC, PECS**

## **PENNSYLVANIA RECOVERY ORGANIZATIONS ALLIANCE**

William Stauffer is the Executive Director of the Pennsylvania Recovery Organizations Alliance (PRO-A), the statewide recovery community organization of Pennsylvania. In long-term recovery since age 21, Bill has spent nearly four decades engaged in recovery support, workforce development, and public policy and systems reform aimed at improving long-term recovery outcomes.

An adjunct Professor of Social Work at Misericordia University, Bill is a nationally recognized speaker, trainer and writer. His work has helped shape recovery-related policy at both the state and federal levels, including testimony before the U.S. Senate Special Committee on Aging. In 2024, he was invited by William White to open the First National Conference on Addiction Recovery Science hosted by the National Institute on Drug Abuse by presenting White's paper on the Frontiers of Recovery Research, intended to inform future recovery grounded research.

Bill lives in Allentown, Pennsylvania, with his wife, Julie, and their three rescue dogs. Outside of his professional work, he enjoys photography, birdwatching, and spending time in the woods.

# PRESENTATIONS



## WHEN LOVE HURTS: ATTACHMENT, ADDICTION, ABUSE, AND THE PATH TO RELATIONAL RECOVERY

Relationships play a central role in both addiction and healing. This one-hour session explores how attachment, trauma, abuse, and substance use intersect to shape relationship patterns and recovery experiences. Participants will learn how insecure attachment and trauma bonding can contribute to addictive or abusive dynamics, and why leaving these relationships is often far more complex than “making a choice.” Using a trauma-informed, recovery-oriented lens, this presentation examines addiction as a coping and regulation strategy within unsafe or unpredictable relationships.

The session will also focus on recovery from relational trauma, including rebuilding safety, boundaries, self-trust, and connection. Designed for peer support professionals, recovery specialists, providers, and individuals in recovery, this session emphasizes compassion, empowerment, and the role of supportive relationships in sustained recovery.

**Kayla Tandarich**, CMW, BS is the Program Manager of the Training & Skill Enhancement Program at Wesley Family Services and a PA State Certified Family-Based Therapist. As a person in long-term recovery, Kayla brings both professional expertise and lived experience to her work—grounding her approach in authenticity, empathy, and hope. With nearly two decades of experience in the social services field, Kayla has supported individuals across the lifespan navigating mental health, behavioral health, and substance use challenges. Her work spans diverse settings, including residential treatment, group homes, educational environments, case management, and clinical services—shaping a holistic, compassionate approach to care. A graduate of Slippery Rock University, Kayla brings both expertise and heart to her work, grounded in a deep belief in people’s capacity for growth and change.

Kayla is passionate about creating spaces that foster healing, self-awareness, and resilience, with a mission to inspire others to recognize their strength and move toward meaningful, lasting change.



## BUILDING BRIDGES: RECOVERY MAP

This interactive session is designed to foster meaningful discussion around access, support, education, and planning while creating a shared understanding of what effective recovery support looks like and how communities can work together to strengthen recovery pathways. Participants will explore how recovery support systems have evolved over the past 20 years while examining the ways similar challenges continue to exist when support is not paired with education, planning, and access to resources. Participants will help identify what exists at the

beginning and end of the recovery journey while collaboratively defining what belongs in the middle. Through guided discussion, we will consider questions such as: What holds the bridge together? What resources and supports are accessible? What barriers exist? How do we create stronger pathways to recovery? The session will also encourage participants to think beyond traditional approaches by discussing innovative harm reduction strategies, community-based supports, and practical solutions that can improve access, engagement, and recovery outcomes.

**Jamie L. Bush** is the Director of Outreach at Peerstar and is a Certified Peer Support Specialist, Certified Recovery Specialist (CRS) and CRS Supervisor, Forensic Peer Support Specialist, and a SMART Recovery Facilitator. As a person in long-term recovery, Jamie brings both professional expertise and lived experience to her work, helping individuals navigate their own recovery journeys. In addition to her outreach role, Jamie supports Peerstar's social media and marketing efforts, expanding awareness and engagement throughout the community. She is also a dedicated single mother of two boys and volunteers with Central PA Autism, demonstrating her commitment to service both professionally and personally.

# PRESENTATIONS

## STRENGTHENING THE BEHAVIORAL HEALTH WORKFORCE: STRATEGIES FOR SUBSTANCE USE DISORDER WORKFORCE DEVELOPMENT

The opioid epidemic has intensified the urgent need for a robust, skilled, and sustainable behavioral health workforce equipped to address substance use disorders (SUDs). However, systemic workforce shortages, high turnover, and gaps in training continue to impede the effectiveness of prevention, treatment, and recovery efforts. This presentation explores innovative strategies and policy solutions aimed at expanding and strengthening the SUD workforce.

Drawing on emerging research and cross-sector collaborations, the session will highlight the Substance Use Disorder University Workforce Development Program (SUD UWDP). The SUD UWDP is a collaboration between Pennsylvania Department of Drug and Alcohol Programs (DDAP) and Waynesburg University. Special attention is given to mitigating the workforce crisis by preparing properly trained SUD counselors for a rewarding career, as evidenced by the Substance Use Disorder Counseling Self-Efficacy and related program outcomes. Focused consideration will be given to recruiting and retaining professionals in underserved and rural areas, promoting interdisciplinary collaboration, and addressing provider burnout.



**Dr. Kelley McNichols** is a Licensed Professional Counselor (LPC), National Certified Counselor (NCC), Certified Alcohol and Drug Counselor (CADC), Certified Co-Occurring Disorder Professional (CCDP), and Certified Clinical Trauma Professional (CCTP).

Dr. McNichols has an extensive work history in community behavioral health working closely with marginalized and underserved groups. Her research interests include harm reduction practices among justice-involved individuals presenting with substance use disorders, self-efficacy of clinical supervisors, and the sustainability of the behavioral health workforce.

Dr. Kelley McNichols earned an undergraduate degree in Criminology and Pre-Law from Indiana University of Pennsylvania, a Master of Science in Education with a concentration in Community Counseling from Duquesne University, and a Ph.D. in Counselor Education and Supervision from Duquesne University.



**Dr. Devon Bowser** earned a Bachelor of Arts from Indiana University, Ph.D., a Master of Arts from Franciscan University, and a Ph.D. in Counselor Education and Supervision from Duquesne University.

Dr. Bowser serves as the Dean of Assessment, program director for the Master of Arts in Counseling, program director for the Doctor of Philosophy in Counseling Education and associate professor of counseling at Waynesburg University.

Her clinical focus is primarily addressing the emotional and behavioral needs of children and families, with a specialty in addressing the impact of autism on individuals, families, and communities.

# AWARD HONOREES



## RECOVERY ADVOCATE OF THE YEAR

**SHENNA WOOD, A.S., CCHW, CRS**  
HEALTHCARE CASE MANAGEMENT SPECIALIST  
WASHINGTON DRUG & ALCOHOL COMMISSION

"Shenna is a passionate and dedicated individual! She is an amazing case manager who gives her all. Shenna leaves a lasting impact on each individual that she has ever worked with and her coworkers. She has helped save countless lives. She meets everyone where they are at."

"Shenna serves as a co-chair on the Washington County Opioid Overdose Coalition and is the primary organizer for International Overdose Awareness Day in Washington County. Shenna takes pride in this event as well as the work she does, often indicating that her job keeps her humble in remembering where she comes from. When we need a recovery advocate for events, Shenna is always the first to step up to share her story, helping to change the stigma surrounding SUD/overdose. I couldn't think of anyone more deserving of this award."

## RECOVERY FRIENDLY WORKPLACE



**INDIANA PRINTING AND PUBLISHING  
COMPANY**  
INDIANA COUNTY

"The Indiana Gazette has been hiring people in recovery for several years. They launched a Recovery to Work initiative under the guidance of Jason Stepp, that provides employment opportunities to individuals in recovery that help them build a foundation in a drug free work environment. Individuals are hired with varying degrees of experience and placed in positions from entry-level in the mail room, to machinists operating presses and other equipment. For some it has led to management roles within the organization and for others has provided skills and experience to follow different career paths. The Recovery to Work program has not only created growth in organizational capacity, it benefits individuals, families and the community at large by giving people a second chance for stability, financial independence, confidence, and quality of life."



## LIFETIME ACHIEVEMENT

**TIM PHILLIPS**  
WESTMORELAND COUNTY DHS  
DIVISION OF COMMUNITY RELATIONS AND PREVENTION

"Tim has been a strong voice for recovery within Westmoreland County and our entire region for decades. He is not only a voice for recovery though, he lives it and helps the individuals in our community obtain it as well. Tim not only shares his own journey in long-term recovery, he has also worked in treatment, prevention and advocacy. Tim has been a driving force for the implementation and dissemination of Naloxone and other Harm Reduction supplies within our county and region. With all of the work and dedication that Tim has put into the field of recovery, I have no doubt that he is the best candidate for this lifetime achievement award."

# MONTHLY LEARNING COLLABORATIVES

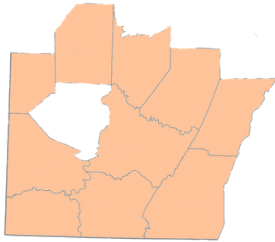
Join the Recovery HUB's monthly CRS/CFRS Learning Collaborative!  
We meet the 4th Wednesday of every month at 9:00am to discuss topics related to delivery of Recovery Support Services and stay connected to each other. This space allows for shared experience of Recovery Support staff and volunteers to guide, support and celebrate the wins.

Join the Recovery HUB'S monthly RCO Collaborative Meeting!  
We meet the 2nd Wednesday of every month at 9:00am to discuss topics related to Recovery Community Organizations and Recovery Community Centers. RCOs and RCCs can use this time to connect with and learn from each other by sharing ideas and experiences that support needs of your Recovery Community.

Join the Recovery HUB's monthly Recovery House meeting!  
We meet the 2nd Monday of every month at 11:00am to discuss topics related to Recovery Housing. Whether you are thinking about opening a Recovery House or already have established Recovery Houses, this is your space to connect and support one another in the ventures of this vital resource.

LIVE MEETING LINKS ARE ON OUR WEBPAGE - [HTTPS://AICDAC.ORG/RECOVERYHUB/](https://aicdac.org/recoveryhub/)

## STRATEGIC PLAN



### REGION 6

Armstrong, Beaver, Butler, Cambria, Greene, Fayette, Indiana, Somerset, Washington, Westmoreland

**PRIORITY 1 - LICENSED RECOVERY HOUSING**

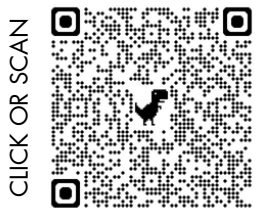
**PRIORITY 2 - RSS WORKFORCE DEVELOPMENT**

**PRIORITY 3 - RCO/RCC**

**PRIORITY 4 - TRANSPORTATION**

**PRIORITY 5 - RECOVERY FRIENDLY EMPLOYMENT**

SUBMIT YOUR CONFERENCE EVALUATION HERE

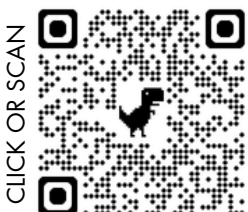


CLICK OR SCAN

2025 YEAR IN REVIEW



CLICK OR SCAN



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VISIT OUR WEBPAGE TO SUBSCRIBE TO OUR NEWSLETTER AND VIEW OUR TRAINING AND EVENTS CALENDAR



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