

NATURE RECOVERY CONNECTION

WEDNESDAY, AUGUST 19TH

12 PM - 4 PM

River Pavilion

Cook Forest State Park

113 River Road

Cooksburg, PA 16217



Guided Nature Hike by DCNR

12:00 PM – 12:30 PM

Transport to Kayaking

12:30 PM – 1:00 PM

Kayaking

1:00 PM – 3:00 PM

Availability is limited and registration is required.

Yoga, Lawn Games, & Hiking

1:00 PM – 3:30 PM

Closing Remarks

3:30 PM

Join us for a day of connection, wellness, and outdoor recreation at Cook Forest State Park!

Dress comfortably for walking and water recreation.

Register Here

